

Placentia-Yorba Linda Unified School District

Elementary Lunch Menu
















November 2017

-DAILY CHOICES-
ENTRÉE SALAD -OR-
BRUNCH-A-MUNCH
SUNBUTTER SANDWICH W/

Prices & Ala Carte
 Student Lunch w/ Milk.....\$2.75
 Adult Lunch.....\$3.75
 Milk.....\$0.50
 Capri Sun (100% Juice).....\$0.50

☞ = Meatless Entrée
 ⌘ = Contains Pork

 = PYLUSD RECIPE

Entrée Salad of the Week	Monday	Tuesday	Wednesday	Thursday	Friday
Asian Chicken Salad w/Crispy Noodles			1 Chicken Patty Sandwich On a WG Bun Baked Cheetos	2 Creamy Mac & Cheese w/ Green Beans	3 Home-style Beef Patty w/ Mashed Potatoes & Gravy Dinner Roll
Chicken Ranch Salad w/Tortilla Chips	6 Bean & Cheese Burrito ☞ Nacho Doritos	7 Chicken Nuggets w/ Potato Smiles 	8 Cheese Pizza Slice ☞ 	9 Oven Roasted Turkey w/ Gravy Mashed Potatoes Dinner Roll Special Dessert 	10 Veteran's Day No School 
Chicken Caesar Salad & Croutons	13 Grilled Cheese Sandwich ☞ Choc Elf Grahams 	14 Cheeseburger Baked Beans	15 Chicken Soft Tacos w/ Seasoned Corn 	16 Pepperoni & Cheese Stuffed Sticks ⌘	17 No School (Elementary Only) Parent Conferences 
  					
Asian Chicken Salad w/Crispy Noodles	27 Double Dogs Scooby Graham Snack 	28 Cheese Pizza Slice ☞ 	29 <u>Breakfast for Lunch</u> French Toast Sticks Beef Sausage 	30 Chicken Tenders w/Seasoned Corn	1 Orange Chicken Brown Rice Fortune Cookie 



Stay Active

When kids are active, their bodies can do the things they want and need them to do.

- Exercise Promotes:**
- strong muscles & bones
 - weight control
 - decreased risk of illness
 - better sleep
 - a positive outlook on life



This institution is an equal opportunity provider—Menus Subject to Change

All Meals are Served with choice of Fruit, Vegetable, and Milk

www.pylusdnutrition.org

Chef Solus Thanksgiving Food Word Search Puzzle!

There is more to Thanksgiving than just turkey. Find these Thanksgiving words!

HAPPY THANKSGIVING

S	E	Z	P	F	R	T	Z	S	
T	M	Y	E	E	H	W	Y	E	
X	E	A	N	R	A	R	E	L	
Y	S	N	Y	T	Y	P	K	P	
T	I	C	L	D	L	A	R	P	
D	B	S	M	D	I	R	U	A	
C	F	J	T	K	M	A	T	Z	
I	J	W	Z	L	A	D	K	L	
F	Y	D	J	J	F	E	P	I	

Turkey
Yams
Parade
Apples
Feast
Family
Dinner

NOURISH

Visit www.ChefSolus.com for free kids' nutrition games, interactive word puzzles and fun healthy food activities!
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EVERY STUDENT HAS A PIN....

Even if you do not eat in the Cafeteria,
YOU have a PIN.
It is specific for every student.

What is your Meal PIN?

HINT: It is the same as your computer number.

(write your PIN here)

Learn your PIN and get through the Lunch Line Faster.

